THE ACTIVE MODEL OF A SOCIAL PROGRAMME AND ITS STRATEGIC ADVANTAGE

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Abstract
This article examines the classical complex social programmes, the methodology for their development and their key features. An analysis of the social regulation system is also included. Furthermore, it examines in detail the mechanism of developing an active targeted social programme, as well as the components of the mechanism for launching the latter. In addition, a description of a system of criteria for the efficiency of the social activity is provided.

Key words: social programme, efficiency criteria, social regulation

INTRODUCTION

Classical complex targeted social programmes are traditionally used in the command-administrative (totalitarian) social system. Within that system the programmes were developed and implemented predominantly separately from each other and were bound up with the state centralised planning—namely directive, perspective and ongoing planning. These social programmes are implemented in accordance with the external social environment. They depend on state funding and budget planning. At the same time, they do not allow significant adjustments to be made by the subject and the object of management on the adjustments of the inter-programming social plan, the interaction between the participants in the social programmes and the adjustments of the relatively social assessment of the programme implementation. The said principles of social programming are insufficiently effective in the context of democratic transformations. In situation of social instability the classical form of the social programmes needs significant adjustment. The practice of social programming should abandon the obsolete programmes, lacking flexibility, that have not been updated for a long period of time. Despite the progress in the field of labour and social development today, still, social policy is grounded to an insignificant extent on science, on the strategy for finding human development resources, on a well-planned staff policy, on scientific and methodological principles of development of the social sphere and on scientific and practical studies of current social problems. Those factors that are inapplicable to the health of the population e.g. sustainable ecosystem development, including the quality of social education, the level of organisational culture of the institutions, the structure of the establishments in terms of professional skills and qualifications, the qualification level of the specialists working with the population, are often disregarded. The ideology of social service as a whole is gradually loosening its bonds with the old system of social protection; however, the final separation from the paternalistic position has not been achieved so far.

The democratic changes require new ideology of development and implementation of social programmes. The general public is no longer able to choose social goals as a component of targeted actions that remain unchanged over time, since the change in the conditions of the social living activity increases the necessary adjustments to be made in the implementation of the social programme. The social programmes should allow for active partnership interaction between their participants and should introduce the principle of democratic interaction with the object of social influence. The link between the contemporary social programmes and the state financial and budget planning should not be severed. The main source of resources for the said programmes should be formed on the basis of the budgets on a national and regional level.

The classical complex social programmes are focused on defining their social efficiency through the efficiency of capital investments, whilst disregarding to a certain extent other investments (including social investments, investments in educational, scientific and human capital). It is considered that under the conditions of a stable social environment it is not necessary to record the partial changes of the social programme in the accounting indicators of the latter. Consequently, the indicators of social and economic justifications, achieved with the help of the applied regulatory requirements, would be positive as a rule, while the actual social results from the human resource development would often be negative and, paradoxically, would not affect in any way the subsequent stages of the social programme implementation.

At the end of the 1980s of the last century the scientific publications put the use of the classical approach to the development of social programmes under severe criticism. It was pointed out that the social programmes underpinning the implementation of the social policy should cover the whole range of human needs and
interests. The object of the social programme should be determined by the flexible impact on "the status of the classes and social groups, nations and nationalities, the social, class and national relations, the status of the individual in the society and his/her relation to it, all aspects of the national welfare pertinent to the society and its classes, social groups and ways of life". Scholars argue that it is necessary to significantly expand the area of influence of the social programmes, it is crucial to use them together with proved social technologies and new, more flexible and socially mobile, i.e. effective means of influence over social processes. "The abandonment of recognised management methods inevitably disturbed the stagnant balance of the social processes; it will reveal many latent conflicts and problems and will give surge to new ones. At the same time, the reform of the political system opens up opportunities for solving these problems by means of scientific research and democratic benchmarking of the various alternatives before the social policy". The new conditions turn out to require an adjustment of the main approach to the development of social programmes. At a time of a reform the given basic principles require the presence of a flexible mechanism for the free formation and reform the given basic principles require the presence of a flexible mechanism for the free formation and manifestation of the interests and wills of all classes and social groups, their flexible coordination and realisation in the process of development and implementation of social programmes.

During the 1990s the social programmes were characterised not only by their rigidity and social inefficiency, but they also reflected the negative context of the corruption, which had turned into a resilient system of relations. Specific relationships were formed between entrepreneurs and officials, not as a cooperation in achieving the social goals, but rather as a means of taking away a financial resource to the benefit of a restricted group of people. The serious disruptions in the implementation of the social programmes lead to loss of their social efficiency and subsequent crisis phenomena, reflecting the inefficiency of the social policy on a macroeconomic level, because the losses for the general public outweigh many times the social benefits it would have gained if the social programmes had been implemented.

According to people canvassed the main objective of the social programmes in Bulgaria in the last years was to ensure stability rather than development of human resources and support for disadvantaged people. New theoretical approaches and a new model of active, dynamically self-improving social programmes capable of adapting to the changeable social life conditions have sprung up during the building of the information society. While there is a growing real need under the new conditions to orient the social programmes to solving the problems related to the intellectual educational development, the characteristics of health and physical development do not lose their social significance. Today the health of the population is a true indicator of the welfare of the country, the quality of life and the level of development of human resources. Health is directly related to per capita income and healthcare maintenance.

In summary, we can say that the contemporary social programmes under market economy conditions can gain various forms which have their specific principles, methods, technologies for defining and achieving the social goals, paths and means of developing human resources. The general tendency in planning and implementing social programmes for human resource development is that their primary goals are oriented to solving the problems related to the health and physical development of the population and the intellectual educational development of the human resources. The application of the social programmes under the conditions of the contemporary market production system requires not only comprehensive knowledge and understanding of its nature, but also creative skills to use the various forms of a social management method, establishing detailed technological procedures for designing and implementing social programmes in compliance with the principles of systematic social management.

Objectively speaking the population prefers to participate in active social programmes, consisting of active projects as a set of chain projects based on social processes directed to human development. The social processes based on active programming and project development, have an unbalanced, dynamic character and therefore they are in the foreground within the active social programmes. The foundation of the social resources used to support the programmes can be structured, so to say, of a combination of at least three support layers, which taken together, form the space of the flows of social support resources. The first layer, i.e. the first resource foundation of the space of flows, consists of a chain of electronic systems (telecommunication, computer processing, broadcasting and high-speed transport based on information technologies). The second layer of the space of flows consists of nodes and communication centres. These are mainly big social institutions which are the connection point with the world network for the support of social projects. "The third important layer of the space of flows concerns the spacial organisation of the dominant management elite which performs managerial functions and forms the center around which organisational space is built. The technocratic, financial and management elites which have a leading role in our society, have their specific spacial requirements related to the material and spacial foundation of their interests and actions."

Under the new conditions the development of programmes requires the inclusion into the implementation mechanism of active research and innovation work aiming their self-improvement. The adequacy of the programme and targeted social management under the conditions of an unstable and constantly changing way of life is determined by its focus on the active analysis of the results from the implementation of the social programme (social assessment of the results from the implementation) and on the attraction of broad groups of people for its development. The active social programmes form a
system of social projects with direct social interaction and a feedback from it which defines the possibilities for adapting the components of the programme to its changing requirements. Moreover, with regard to the implementation of the social programme, its social goals, deadlines and partly its participants can be changed and the involved social resource can be transformed.

Under the present day conditions the active social programmes essentially reflect the transition from the traditional to the innovative model of social development. This transition determines the complex use of the social programmes within the framework of innovative creativity, the partnership relations between the participants in the programme, the delegation of auxiliary functions to subordinate structures, as well as the broad participation of the population in the implementation of the programmes (Fig. 1).

**MATERIAL AND METHODS**
The methodology for developing an active social programme places an emphasis on the following theoretical components:

- identifying the social problem. "Getting a better understanding of the problem and gaining a more reasonable control over certain key processes, we can turn the crisis into an opportunity, helping people not only to survive, but also to make the best of the change and to achieve a new experience of dominance over their own destiny";
- defining the social goal of the programme is the starting point of programming the process of human resource development. The external social environment gives an objective characteristic of the surrounding conditions, parameters and structure of the external objects, which interact more or less with the given object;
- the planned trajectory of human resource development is projected within and by taking into account the set of national and regional programmes to be implemented, in accordance with the predetermined social criteria;

**Fig. 1. Essential features of the active social programme**

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In order to plan the trajectory of human resource development, the following objective tasks need to be performed: First, defining the initial coordinates of the process of human resource development. Second, describing the conditions and parameters of the final state / final coordinates of the trajectory. Third, establishing criteria for qualitative and quantitative indicators of human resource development. The trust-worthiness of the above statement is corroborated by the fact that "each attempt to transfer the object... through management actions... from the initial state to the desired final state reveals the impossibility in principle of mathematically defining the initial conditions of the object precisely". The need for formalisation of the impact of the external disturbance of the system on the living activity of the population faces a similar problem. Therefore, it is relevant to maintain the conditions for material consumption and the level of the health of the population, as well as to plan the trajectory of the educational development of human resources. In the future the current system of scientific and educational institutes will become a base element of the
The pivot in the search for optimal forms of activity. "The uncertainty of the future could be significantly reduced by setting apart the most desirable and at the same time the most realistic tendencies among the various alternatives and forecasts that stretch to the future, which is susceptible to guidance (manageable impact). Such tendencies and features of the future can turn into a normative vision of the societal development or certain spheres of its activity."

We should mention that the most important goal of the contemporary social programmes is defined by the anticipatory level of knowledge, foreseeing future events and most of all for the foundation for the occurrence of all supreme forms of existence - the capacity for awareness of the present conditions of the environment and the very possibility of adjusting to the changing needs of the population - suppressing the disturbing external social impulses that occur during the implementation of the social programme. The active social programme is characterised by a dynamic adjustable regulation through the feedback from its implementation. The functions of the adjustable regulator are some kind of a solution to the optimisation of the programme components as a result of the changed conditions of the living activity of the population - suppressing the disturbing external social resources, in determining the set of acquired systematic knowledge, skills and professional habits, as well as the developed abilities for further learning and analysis of the knowledge, the exchange and use of information in the professional activity, are notably the factor and the social goal of the overall social policy, which are most important.

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The social programmes assume an active character as a result of expanding the composition of the participants in the programme and uniting them systematically by applying the principle of partnership, as well as a result of the economic stimulation and activation of their social actions, i.e. the possibilities for making a strategic choice by the participants in the programme are intentionally created within the implemented social programme. This implies that when developing the social programmes the participants undertake a social task relevant to them at the expense of their participation. The active model of the social programme provides for the creation of conditions where participants would benefit from their participation in the social programme. In the active targeted programme systems the controllable subjects are placed under certain conditions and have active increased managerial powers. Of significance here are the conditions and possibilities for a free choice of one's own state, the possibility to show one's own interests and preferences, i.e. they intentionally choose their state, but only within the priority of the implemented social programme. The active model of the social programme reflects the network structure of the social management when implementing the programme, where each participant in the targeted social programme has a high level of freedom of action and they strive to select optimal strategies in terms of the targeted results under the defined or foreseen significance of the used social potential.

**RESULTS**

The activation mechanism of the development of an active targeted social programme has four components (Fig. 3).

- **The first component** - the participants in the programme have great freedom when selecting actions in accordance with the goals to fulfil their interests. In other words, each participant in the social programme has an interest in tackling a task relevant to him/her at the expense of his/her participation in it.

- **The second component** - the existence of a body with a wide range of managers of the social programme and wide public participation. This body should not only examine the social results from the implementation, collect data, assess the implementation stages of the programme as a whole, but also develop guidelines for the correction of the programme elements.

- **The third component** is determined by the system for motivating a wide range of participants in the programme. The development and the implementation of the social programme require a specific form of stimulation the active free thinking, enterprising, scientific style of work which contributes to self-training, creativity and innovative development at the workplace.

- **The fourth component** - the need for a permanent innovative centre which will support the innovative improvement of the social program and the activation of the processes for its renovation.
The active social programmes are thus directed to resolving social problems during the introduction of break-through, innovative social technologies, to attracting investments, to optimising the flows of social resources and to integrating the social systems. The development of the social programme renounces the principle of termination of the organised social events. Each active social project is first and foremost innovative as its main goal is to develop and use new ideas which could be new social technologies aimed at delivering social services and supporting the dynamic social development of the population. The active social programme is created as a set of social projects united by the idea of social interaction which ensures the coordination of the population's interests under the conditions of an unstable social environment. The active social programme is a systematic development. Each constituent part of the active social programme, taken separately, is relatively independent social institutions is ensured through the coordination of their needs and interests. The active approach is primarily focused on the effective development of the social object of the programme by introducing break-through innovative technologies, engaging the general public in the management process, optimising the flows of resources and integrating the social systems of the participants in the programme. The result from the active social programming allows the complex programme to be implemented with maximum effectiveness under the conditions of a dynamically changing social environment. Besides, based on the unifying ideas the involvement of relatively independent social institutions is ensured through the coordination of their needs and interests. The active social programme allows self-development of the system. The success of its management is determined significantly by the factors behind the interaction of the elements of the social programme with the constantly changing environment that has an impact on it. Unlike the classical social programmes, the active form of the programme is a creative self-developing project with a modifiable final social aim, means and tasks of the process of social changes, which repudiates the rigid

**Fig. 3. Components of the mechanism for activating social programmes**

- **Activation mechanism of the social programme**
  - Participants in the programme - partners having a high level of independence with regard to their actions
  - A large part of the general public involved in the management of the programme
  - Centre for innovative development
  - System for stimulating the activity of the participants in the programme
  - Social innovations
  - Focused social analysis of the introduced components, assessment, activity and improvement of the social programme
  - Stimulation of an active, free thinking, enterprising style of work, self-training, creativity, innovation

The unifying social idea of the active programme - this is the optimal synthesis of thoughts, ideas and goals of the participants in the programme, including members of the general public. The participants in the social programme are relatively independent and they act driven by their own interests - they pursue their own interest by their participation in the social programme. The development of the programme rests on a socially significant unifying idea so that the personal interests of the participants in the active social programme could be aligned with the goal of the programme itself. The social programme is developed by studying the ideas and innovative thoughts of the participants concerning the implementation of the active social project, analysing them thoroughly to form a unifying idea and devising schemes of the interests of the participants and the population. The structure of the active social programme is shaped using the data collected, then a network of organisations is established with the participants in the programme and the representative of the unifying social idea assumes the role of a coordinator and regulator of the programme implementation.

The active social programmes share a number of common features: they are designed to achieve specific goals; they include a coordinated implementation of interrelated activities; they have a limited validity with a specified beginning and a deadline for designing a new programme or its implementation; they are unique to a certain extent.

The result from the *active social programming* allows the complex programme to be implemented with maximum effectiveness under the conditions of a dynamically changing social environment. Besides, based on the unifying ideas the involvement of relatively independent social institutions is ensured through the coordination of their needs and interests. The active approach is primarily focused on the effective development of the social object of the programme by introducing break-through innovative technologies, engaging the general public in the management process, optimising the flows of resources and integrating the social systems of the participants in the programme. The term "active programming" highlights the continuous process of adaptation of the developed programme to the conditions of the social environment within the system. Therefore, the active social programme allows self-development of the system. The success of its management is determined significantly by the factors behind the interaction of the elements of the social programme with the constantly changing environment that has an impact on it. Unlike the classical social programmes, the active form of the programme is a creative self-developing project with a modifiable final social aim, means and tasks of the process of social changes, which repudiates the rigid
static schemes of the classical social programming. The active social programmes are oriented to local social stabilisation under the unstable, dynamically changing conditions of the environment that has a social impact. The active project development is focused mainly on the effective development of the social objects during the introduction of innovations, on the optimisation of the flows of finances, resources and innovations, on the integration of the social and economic objects in the world economic connections. The information gained during the social study of the conditions for the programme implementation is the basis for separating all significant system interrelated factors of social changes, reflecting the nature of the processes and phenomena that are taking place. The participants in the active social programme have and apply their skills for active creative behaviour related not only to the development of the social programme and the organisation of its implementation, but also to the ability to accumulate and reasonably appreciate various types of innovations. The implementation of the social programme depends to a great extent on professionalism. Under the present day conditions professionalism is a main criterion for the qualities of the programme. To this end, specialists from abroad need to be attracted reasonably.

DISCUSSION

The criteria for the efficiency of the social activity are dependent on the goals and tasks related to the delivery of social services to the population and the degree of their achievement. In principle, the following shall be taken into account: the goals of the social activity can be studied on the level of society, regions, towns and villages, areas, groups of population and individuals. First, the criteria for the efficiency of the social activity need to reflect the effectiveness of all types, forms and methods of social service of the population; second, they need to demonstrate the degree of effectiveness of the activity of the administration and the social institutions under the present day conditions in Bulgaria, where sweeping and complicated reforms are in place. Third, the criteria and indicators shall reflect the degree of efficiency of the leaders and of the management of the targeted and systematic social work with the population and the individuals who need professional social support.

Several approaches for ascertaining the effectiveness of the implemented social programmes can be employed. The first is related to the objective assessment of the ratio of achieved results (output) and the associated costs. In this case a key problem is the measurement (description) of the results (output) and the costs. As far as the costs can be estimated and planned, so can the effectiveness of the social service be presumed, planned and actually achieve. Another approach focuses on the assessment of the effectiveness of the social activity in terms of the degree of satisfaction of the social needs and expectations of the serviced customers (users and beneficiaries of the project or programme). The subjective methods of assessment e.g. opinions, judgments, views (expressed about somebody or something more or less specifically) and the specific subject who performs the assessment of the effectiveness of the social activity are of great significance here. Therefore, in this case it is important to define and select the relevant source of information for the assessment (managers, specialists, representatives of surveillance bodies, users etc.); in other words, the subject is the bearer of information that is significant for the assessment. Moreover, it shall be taken into account that the assessment-related information derived from individuals is subjective. The more subjects are engaged in the assessment, the more this assessment will seek to gain (under other equivalent conditions) an objective and reliable picture of the activity of the social services and the implementation of the specific social programme/project on employment.

The complicated nature of the assessment requires a targeted organisation of the process of obtaining opinions, judgments and conclusions, expressed through specific forms and methods. In this case, this concerns the procedural and organisational aspect of the term "assessment of the effectiveness of the social service". If we want to assess someone or something, we need to organise the process of assessment (collecting and processing the assessment information), devising and employing specific assessment procedures (including for example complex methods of assessment verification).

The whole diversity of opinions given by various subjects go through certain procedures and stages during the process of assessment and turn into the resultant (final) assessments. Generally, the organisational process of assessing the final information can be used to draw practical significant conclusions, to carry out relevant events and activities and to develop programmes for enhancing the effectiveness.

Before the start of the practical measurement of the effectiveness of the social activity, the researchers inevitably have to pose a number of questions: what is the object of the assessment, what is the subject-matter of the assessment, who is the subject of the assessment, what criteria and indicators shall be used for the assessment, etc.

Effectiveness is an aggregate, integral indicator of the qualities of the system. It is determined by the external properties of the system (the meaning of the various indicators, characterising the capacity and the resources), as well as by the conditions where the specific system functions. Therefore, it is more precise to talk about the operational effectiveness of the system when carrying out specific tasks under certain conditions, rather than about effectiveness in general. This allows all specific indicators of quality to be functionally connected in an integral indicator, i.e. effectiveness. This type of study of the quality helps to avoid many difficulties that occur during the analysis of complex systems.

Some of the factors that help define the goals and tasks of the assessment of the effectiveness of the social services are:
the analytical capabilities of the social employment service for identification and assessment of the queries; the resources of the social employment service for operational response to the queries; the capacity of the social employment service (including its level of interaction with government, state, commercial and public organisations); the social and economic conditions in the administrative area where the social employment service operates; the qualification of the employees of the social employment service; special attention shall be paid to the assessment of the quality when assessing the effectiveness. Indeed, many issues are resolved in the light of quality and the subjects of the management of the activity of the social employment service and the objects of its activity can function as indicators of quality (experts). The most typical operation during the assessment of quality is ranking. The objects (phenomena, processes) are considered ranked if a quantitative dimension of theirs corresponds to a particular quality they possess in varying degrees. The various social employment services use ranking in different situations. For example, ordering the objects (processes, phenomena) in terms of their position in space and time according to the degree of manifestation of a quality that cannot be measured by any objective scale, according to some measurable qualities or qualities susceptible to evaluation (as a rule the degree of manifestation of a quality used as a basis of ranking can always be practically measured), according to some quality which is generally measurable, yet at a particular moment cannot be measured due to practical or theoretical reasons.

The matrix "goal:means" can serve as a typical example when using expert assessments in the management. The cells of this matrix have to be filled in with data gained from the results of the expert assessments. Depending on the subject-matter of the assessment there are various methodologies of assessing the effectiveness of the social protection system. We can call them provisionally "first tier methodologies" Each subject-matter of the assessment can be analysed in more detail and respectively, there will be "second tier methodologies". There is a specific methodology of assessing the effectiveness of each type of social service (social domestic, legal, rehabilitation, psychological and consulting services, material support). A comprehensive review and analysis of the efficiency of the government social services need to be carried out when analysing the national social policy. In the organisation and administrative management theory the efficient management is defined as "the relation between the net positive results (when the desired consequences exceed the non-desired) and the admissible costs. The decision is considered efficient if the best result has been achieved in accordance with the defined time costs and with the lowest selection costs.

CONCLUSIONS
The modern societies experience a crisis in the efficiency of the traditional systems of state government. There are three key factors that have been conducive to the crisis situation: sociopolitical, economic and sociocultural. To overcome the crisis of modern democracies and respectively to resolve the problem associated with the administrative state government, it is necessary to construct a government paradigm corresponding as far as possible to the new cultural, social and political situation. The synergy methodology can be used as a government paradigm. It is considered that the synergy theory which distances itself from the extreme deterministic and atomistic positions with regard to the analysis of the institutional systems, lends to scholars two key categories for the conceptualisation of the term "social efficiency": "interpretative rationality" and "transaction costs". These two categories help achieve the main research objective: search for a general principle which allows the term "management decision" to be interpreted in the context of various institutional subsystems while recognising their own specific set of goals. Apart from the "economic constituent" of the concept of efficiency /the ratio between the quantity of services delivered and the value or the quantity of resources needed for the delivery of the specified quantity of services/, it necessary to mention “the technical” or the organisational constituent defined by the goals to be pursued. Technical efficiency is a term that refers to the degree of adequacy of the civil services in relation to the needs, desires and resources of their customers. The concept of social efficiency is studied in the context of the new post-classical paradigm of state government. With regard to the concept of social efficiency the western scholars (M.Dimock, Anicet le Pors, J.Lane, etc.) study the distribution of resources using methodologies that are closer to political economy and management of organisations. Social efficiency is defined as a function of the minimization of transaction costs (exchange-related costs). Therefore, a prerequisite for socially efficient general government is the existence of an effective mechanism for the coordination of social interactions. The transaction costs that are most typical of the state government system are as follows: costs related to opportunistic behaviour (truaney, nepotism, agent's fees, blackmail, politisation costs, etc.). It can be said that during a transition period there is a general system crisis that covers all spheres of society and lasts a long period of time. The success of the economic reforms is dependent on two groups of conditions: taking into account the subjects of the reforms (primarily the political elite of the country) and taking into account the need for objects of the reforms (the management teams and the personnel of enterprises with all forms of ownership, regional structures, the general public). The interests shall be taken into account on the "accounting" level and by studying more specific motivations covering the multi-layered structure of needs. The experience of the industrial and postindustrial development of all countries in the world convincingly
demonstrates the inadequacy of the purely technocratic approach to management. The new technologies, the information, taylorism and the economic and mathematical methods are very important, yet they allow true efficiency and competitiveness to be achieved only by taking into account the social motivation of the workers and by creating a well-planned system of incentives. Criteria for assessing the social efficiency of the state government are established. There two groups of such criteria: general system criteria which include equilibrium, stability, diversity, feedback, etc.; and specific social criteria the most important among which are social safety and social protection of the population. Social efficiency is closely related to the safety of the social system. Statistically the safety of the social system can be construed as a spatial area or a state whose parameters are historically defined by a social ideal. For the contemporary Bulgarian society in particular going abroad, outside the boundary of the demarcated area implies that the society is approaching some form of a totalitarian regime.

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